

I Like Fruit



AGE: 3-5



MAIN AIM: To enable students to name some different fruits.

VOCABULARY / LANGUAGE FOCUS

- Days of the week
- Numbers 1-7
- Apples, oranges, pears, bananas (or other fruit)
- I like...

CROSS CURRICULAR LINKS

- Literacy
- Maths
- Expressive Arts
- Communication and Language
- Knowledge and understanding of the world

WHEN CAN I USE THIS?

- During circle time or at the end of the lesson, just before the children leave. If the class has a snack time and the children bring their own fruit, this would fit in perfectly with this.

MATERIALS

 ✓ = included at the end of the plan

- Pictures of different fruits and/or fruit flashcards and/or real fruit in a fruit bowl. ✓ (flashcards)

PREPARATION

- Print two of each flashcard for the fruits you plan to use, and/or pictures of fruit.

1

LEAD-IN AND VOCABULARY


- Stand in front of the children and pick up each piece of fruit (or flashcard) one at a time. As you do this say, "I like..." followed by the name of that fruit. Emphasise how much you like it by making a circular movement with your hand in front of your tummy as you say it.
- Invite the children to stand in a space in the middle of the room. Crouch down and invite the children to do the same. Pick up one piece of fruit (or picture/flashcard) at a time and hold it near you. As you gradually stand up tall, stretching your arms up high, say the name of the fruit out loud a few times, emphasising the name and using an excited voice! Encourage the children to say the name of the fruit too. They will soon begin to join in.

2

INTRODUCE THE RHYME WITH ACTIONS



This is a spoken rhyme.

VERSE 1	
I like fruit,	Put your hand on your chest as you say "I". Then, as you say "like" move your hand in a circular motion near your tummy and smile, using facial expressions as if enjoying something you are eating/have eaten. Finally, as you say the word "fruit", point to the fruit photos/flashcards or real fruit.
It's very good for me,	Point to yourself and nod "yes".
It makes me healthy,	Run on the spot.
As you can see!	Smile, nod to emphasise "yes" and place your index fingers at both corners of your mouth.

I always eat my fruit,	Pretend to be eating.
Every single day... Sunday, Monday, Tuesday, Wednesday, Thursday, Friday, Saturday	Say the 7 days of the week out loud as a chant, as you hold each finger up.
It gives me lots of energy To run around and play!	Run on the spot. Invite children to do the same.
Yum, yum!	Smack your lips together as you say this!
I like... fruit!	Invite children to say "I like..." followed by the name of their favourite fruit.

3

ADDITIONAL IDEAS / EXTENSION

- Once the children know the names of familiar fruits where they live, introduce this rhyme with these.
- Introduce fruit grown in different countries. Look for unusual fruits too.
- Children can ask each other if they like fruit or not. This can be done in various ways. One child can hold a fruit at the front of the class and ask another if they like that fruit. This child answers “yes” or “no”, or you can extend it to “Yes, I do / No, I don’t” or “Yes, I like [apples] / No, I don’t like [apples]”.
- Play a matching game with the fruit flashcards for reinforcement.
- Make a collage fruit display.
- Invite each child to bring in a piece of fruit, cut up, to share with the class.



Always ensure children have no allergies, and get written permission from parents before giving children anything to eat or drink. Never allow children to share food or drink without permission from parents.

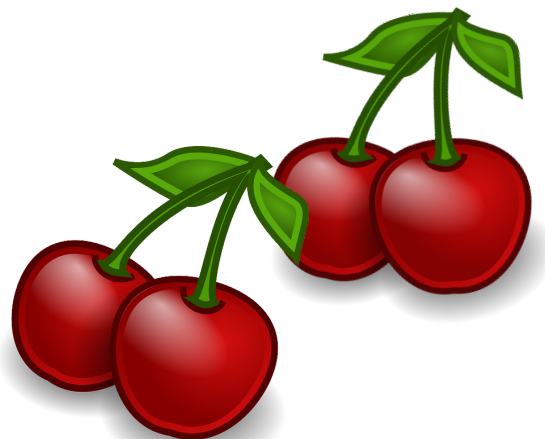
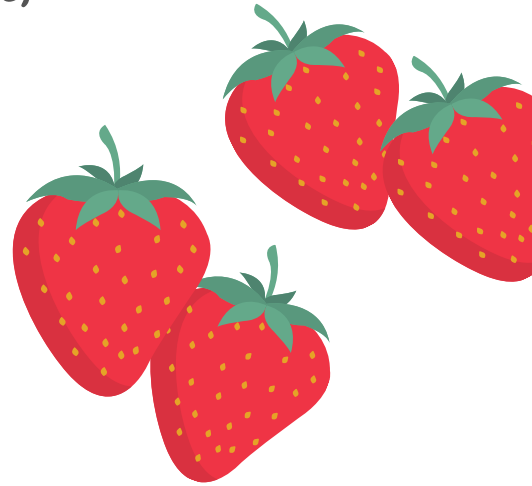


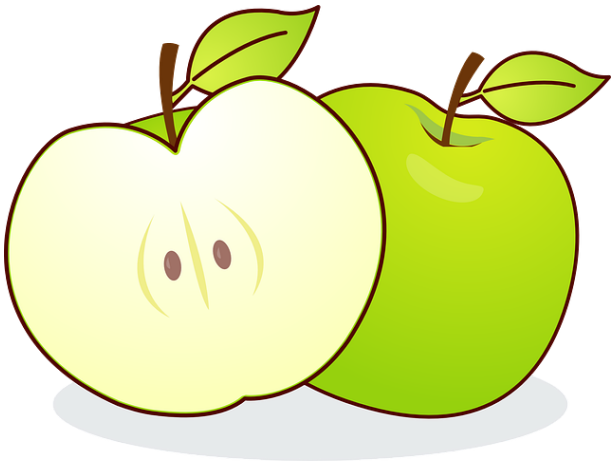
I LIKE FRUIT

I like fruit,
It's very good for me.
It keeps me healthy,
As you can see!
I always eat my fruit,
Every single day...

Sunday
Monday
Tuesday
Wednesday
Thursday
Friday
Saturday

It gives me lots of energy,
To run around and play!
Yum, yum!

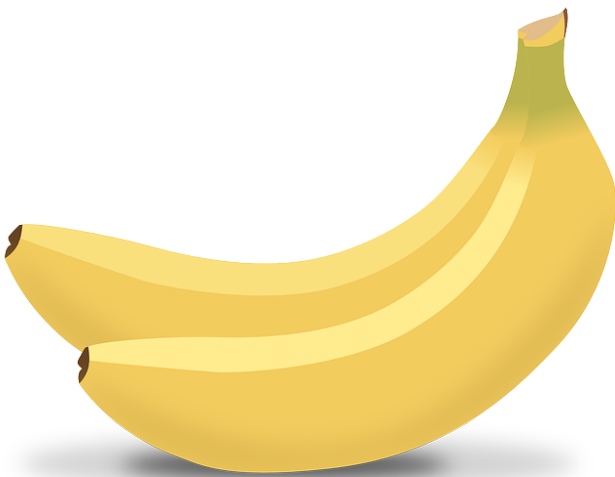




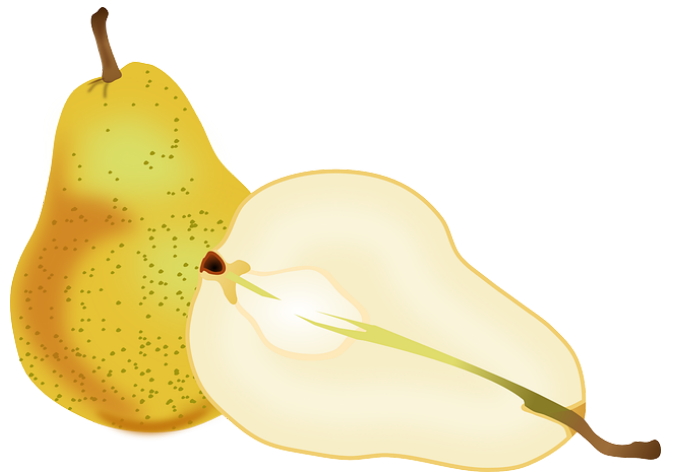
apples



oranges

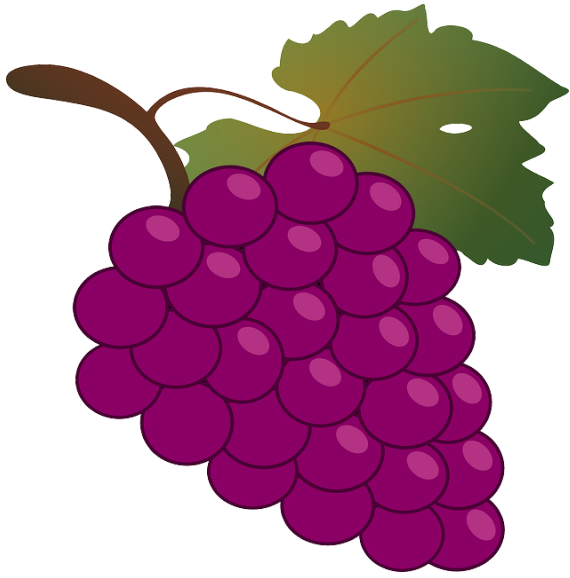


bananas

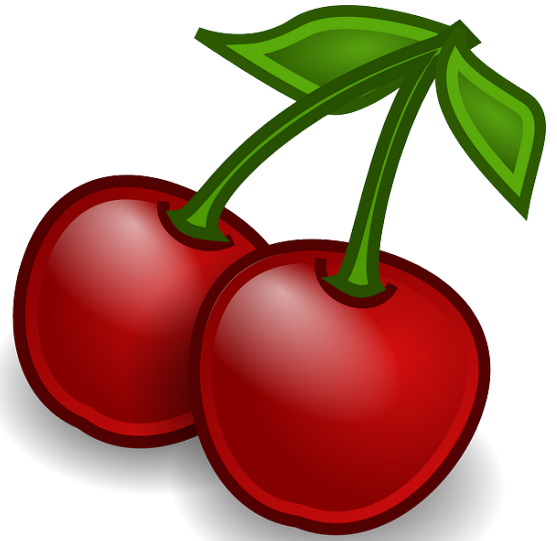


pears

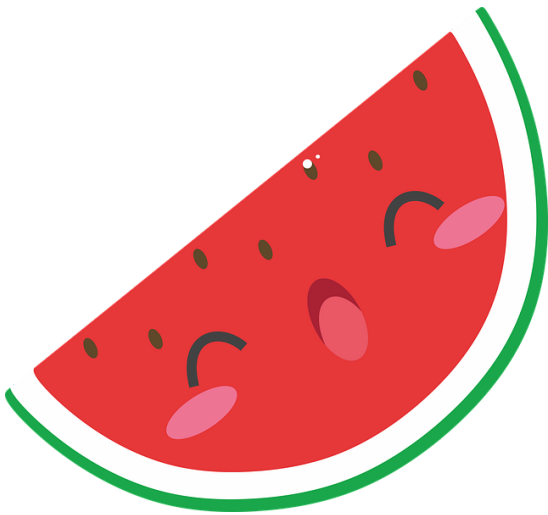




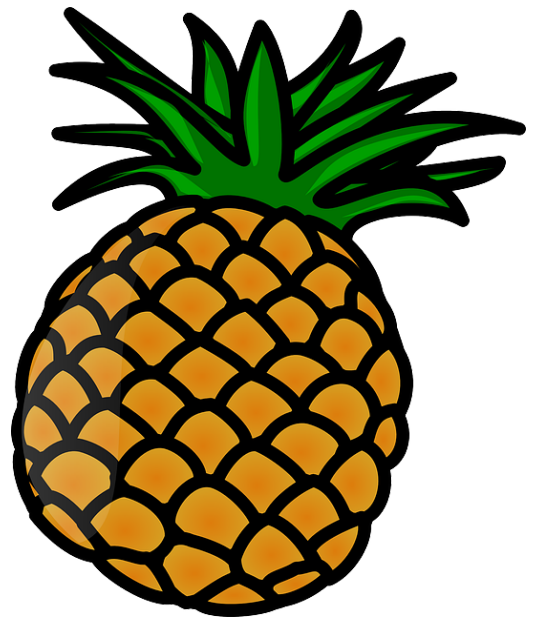
grapes



cherries

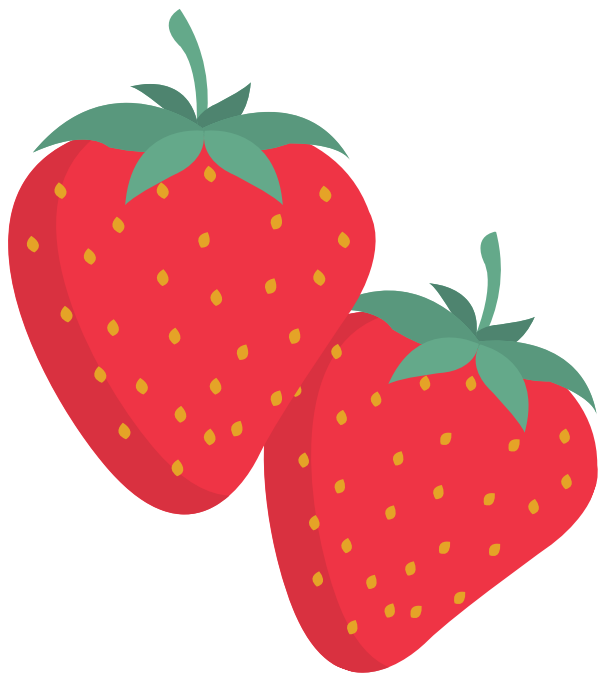


watermelon

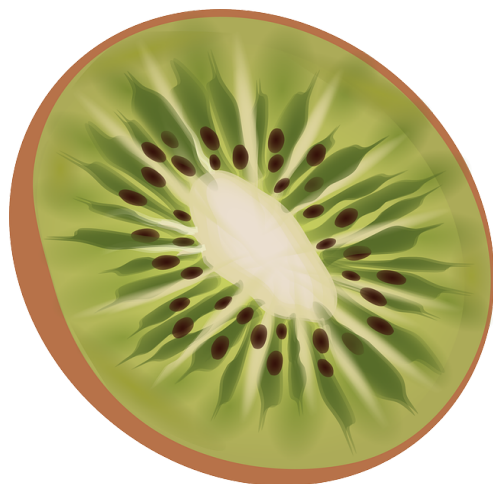


pineapple





strawberries



kiwi fruit

